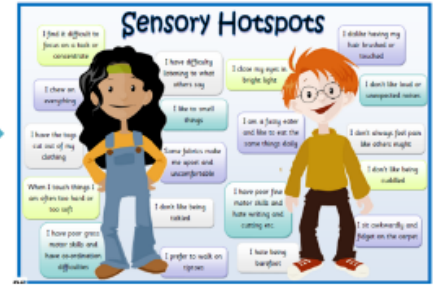
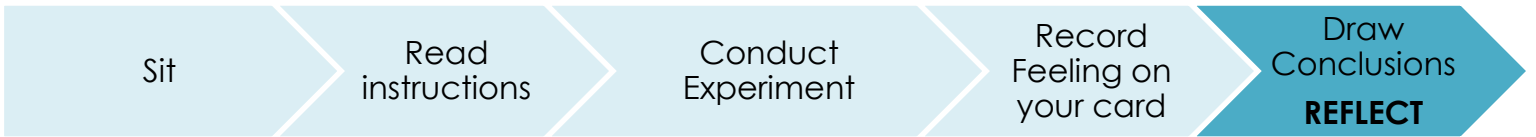


5

Olfactory Overload



Working in an environment with smell discomfort



Instructions

<input type="checkbox"/>	Step 1	Select a bottle with a smell that you find offensive
<input type="checkbox"/>	Step 2	Place the opened bottle on the table in line with your nose
<input type="checkbox"/>	Step 3	Select a book to read and read it
<input type="checkbox"/>	Step 4	Place the book on the table so it does not block the smell. ENJOY THE BOOK
<input type="checkbox"/>	Step 5	How did you FEEL? Circle the emoji (on your card)
<input type="checkbox"/>	Reflect	

