

# Information Overload

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Working in an environment with too much information.

Sit

Read  
instructions

Conduct  
Experiment

Record  
Feeling on  
your card

Draw  
Conclusions  
**REFLECT**

## Instructions

- Step 1**      **Read the passage in front of you**
- Step 2**      **Do the steps it asks you to do**
- Step 3**      **Make sure you complete the tasks**

- Step 4**      How did you FEEL?  
Circle the emoji (on **your** card)
- Reflect**



Leave the  
instruction  
sheet

Collect any work  
you have done

When instructed  
move to the  
next station

1  
0

Wait to be  
told to  
move

**Well done**